

Riverside Times

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Edition 29



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YOUR MANAGER'S REPORT

Welcome to Juliana Vandyke (Jules) who moved to Villa 7 on the 19th September.

We are heading to the end of another year. Thank you to Pat our editor for making sure we go to print on time.

Thank you to the Directors of Weetawaa for their generosity.

In April **The Swell Sisters** entertained us in the community centre with **Wild Essence Catering** providing delicious food.

In September we went to **Brooklyn Wharf** by coach, boarded **The Riverboat Postman** Ferry to accompany the postman on his run around the Hawkesbury River. We had a delicious Ploughman's Lunch on board, then returned home by coach. As Betty Pitt said, "A day out on the water is good for the soul."

At the Budget meeting Mark Tolhurst announced the **Directors of Weetawaa** would pay for the **Christmas Luncheon at Panthers North Richmond** this year. The event is booked for Friday 13th December at 11.30am **The Swell Sisters** are returning to entertain us at our Christmas lunch. I am really looking forward to that. They are fabulous ladies.

Residents of Riverside Gardens enjoyed morning tea with Susan Templeman the Federal Member for Macquarie in our community centre.

In between sharing life experiences, Susan advised residents about help that is available through her office in such matters as dealing with NDIS. CENTRELINK Department of Immigration and other government agencies

Susan also talked about The Little Black Book of Scams and distributed copies to residents.

In all it was a truly delightful morning. Susan can be contacted on 4573 8222 susan.templeman.mp@aph.gov.au

Best wishes Patricia



BIRTHDAYS

October

2nd Jill (v61)
9th Dale (v35)
13th Allan (53)
19th (Gloria) (v63)
30th Fay G (47)

November

5th Barbara Y (v33)
7th Lorraine (v37)
14th Heinrich (v31)
15th Penny (v25)
20th Maryanne (v55)
22nd Christine (v11)

December

22nd Jules (v7)
25th Fay H (v12)

Community Centre Diary

Every resident is very welcome to join in any activity but, for catering purposes, it assists organisers if you reply promptly to planned dinners before the due date.

*Arts and crafts (Wednesday)
Boys' Club/Snooker (Thursday afternoon)
Card games (Friday afternoon)
Di's Sunday Summer Salad/Winter Soup
Lenore's Card Making (Tuesday afternoon)
Movies (the fourth Saturday afternoon)
Reading for Pleasure (Thurs. fortnightly)
Sausage Sizzle/Bingo (monthly)
Scrabble (Monday morning)
Scrapbooking (Monday afternoon)
Trivia (Friday morning)*

Don't forget that Lenore (villa 15) keeps a good supply of hand-made birthday/etc. cards (around \$4) in the Community Centre, together with an honesty box for your purchase. If you require a card for a specific occasion (i.e. wedding, etc.) contact Lenore.



Spring is here by Wendy Babcock (Facebook)

A special thank you to the Weetawa Directors for the Hawkesbury Postman Run Outing. On a beautiful Spring day we spent a leisurely day's cruise on the Hawkesbury River. Many of us managed to get the recipe for their thin Anzac biscuits.

The Riverboat Postman - A little whimsical humorous by Elaine (v16)

Really, I'm getting too decrepit to go on these excursions. But "they" say "you should get out more". So I did, I went on an excursion.

At 8a.m. a huge coach arrived to collect all the brave souls from the village, including some who were incapacitated and had no business trying to go on an excursion in the first place (that means me). The driver sat at a lower level and the stairs into the coach were like climbing Mt. Everest. Only for my son-in-law shoving me from the rear I would not have made it up to a seat. From my

seat I could admire the coach driver's skill **but** after nearly two hours, just as I'd had enough of it, we arrived at a wharf and there was the Riverboat Postman, a twin-decked vessel.

Up the ramps, over the gang plank with the walker.

Everyone friendly, comfortable, and the Anzac biscuits and coffee were a treat as was the magnificent scenery. Lots of photos for memories.

Of the seven islands on the Hawkesbury River, some are water access only so the Riverboat Postman delivers mail and other essentials daily. An extremely historic area, the Railway Bridge over the Hawkesbury River was completed in 1889. Unfortunately, the boat bumped into a wharf just as I was in the toilet and I nearly fell in. A good time was had by all. Our return trip by coach, after I had been shoved by the rear up the steps, went quickly and I had plenty of time to admire the dexterity of the driver, missing telegraph poles by inches, sliding past intimidatingly huge trucks. I enjoyed it but was glad to arrive back at Riverside Gardens.

I was very tired and I think I might have proposed to the bus driver.





THE COMMUNITY GARDEN

The community Garden is a work in progress with Chris spending her time producing fresh vegies and herbs. If you need more information, or wish to visit the area, please contact Chris (419 096 430) so that she can arrange a time to meet and show you around.

Wendy's Corner

Computer tech terms explained (cont..)

MODEM: What you did to the lawns

LAPTOP: Where the cat sleeps

SOFTWARE: Plastic knives and forks you get at Red Rooster

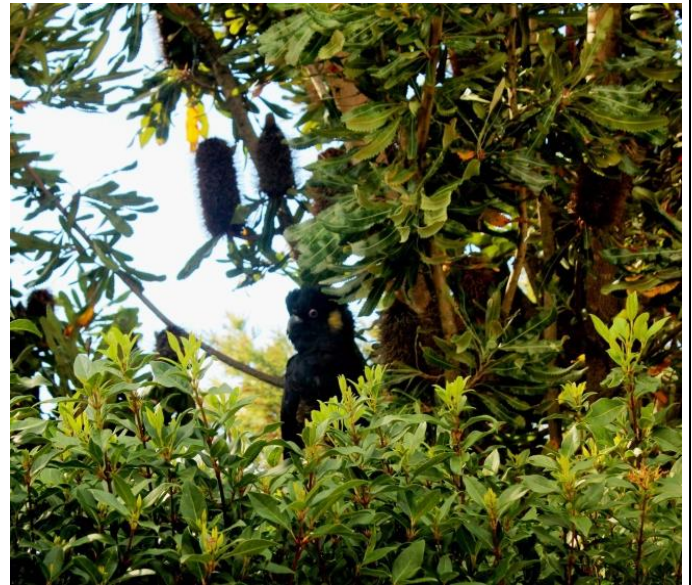
HARDWARE: Stainless steel knives and forks from K-Mart

MOUSE: The small rodent that eats the grain in the shed

MAINFRAME: What holds the shed up

An old saying:

Do not walk behind me, for I may not lead
 Do not walk ahead of me, for I may not follow
 Walk beside me and be my friend.



Deb's trees have attracted a black cockatoo into her garden. Good to see native wildlife in the area.

Curly's column

WATER SAVING TIPS AND IDEAS

Bathroom

- *Check for dripping taps and toilets*
- *Collect water in the shower in a tub or large bucket whilst waiting for the hot water to come through and use on the garden*
- *Turn off the tap water whilst brushing teeth and momentarily in the shower whilst soaping up and shampooing*
- *Have a 4 minute shower*
- *Use half flush in the toilet*
- *Place a bucket in the shower whilst showering to collect water for the garden*
- *Wash your hands over a bowl to collect the water*

Garden

- *Mulch your garden*
- *Check your outside taps for leaks*

**Consider using drought tolerant plants if replacing tired old plants*

Kitchen

**Use only one glass for drinking water all day and reuse it*

**Fill your kettle or a bucket with water whilst waiting for hot water to come through the tap and use it to water your garden and pot plants*

**Wash your fruit and veges over a bowl or bucket to catch the water*

**Cooking your food with as little water as possible retains more nutrients in the food*

**Use the right sized pan for cooking. If it's too big you'll use more water*

**Stir fry, bake or steam veges instead of boiling them*

**Use left over cooking water as a base for soup, stock or sauces*

**Collect left over water from cooking or steaming food and let cool in a bucket for use on the garden*

**Don't use running water to scrub pots and pans, soak them and clean later*

**Scrape dishes instead of rinsing in water before putting in the dishwasher. Pre rinsing wastes water.*

**Use the eco setting on the dishwasher and washing machine*

**Only turn on the dishwasher when it's full*

**When handwashing dishes, rinsing isn't necessary. Use less dishwashing liquid and if you have a double sink, half fill the smaller one with hot water and use it for rinsing.*

Laundry

**Use an eco friendly detergent and collect grey water from*

washing machine for use on the garden

**Only wash when you have a full load of clothes to wash*

**Switch to a front loading washing machine*

Motor Car

**Use a car wash that uses recycled water*

**Use a bucket and sponge when washing your car*

A RUNNING TAP USES 10 LITRES OF WATER PER MINUTE

GARBAGE BINS-DO THE RIGHT THING

What goes where??????

Yellow bins-clean food containers, empty containers, paper and cardboard, wine and spirit bottles****NO FOOD SCRAPS, FOAM, PLASTIC BAGS, CLOTHES OR RUBBISH**

Blue bins- empty drink bottles and cans only

Green bins-all garden and lawn clippings

Red bins-Everything else
Please also remind your carers/cleaners.

INHERITENCE (final bit of humour)

Father: "Our son gets his exceptional brains from me, don't you agree?"

Mother: "Probably. Mine were all still in place the last time I checked."